

# my munch

St Joseph's Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers  * Cheese & Ham Pasta Bake	Gammon Steak  * Cheese Puff	* Lamb Lasagne  Jacket Potato with Cheese or Tuna Filling	Chicken Fillet with Gravy  * Cottage Pie with Gravy	* Cheese & Tomato Pizza  Battered Cod
Creamed Potato Pasta Twists	Diced Potatoes ½ Jacket Potato	Garlic Bread	Roast Potatoes Rice	Chips Pasta
Baked Beans Peas	Broccoli Carrots	Sweetcorn Mixed Vegetables	Carrots Green Beans	Baked Beans Peas
* Apple Sponge with Custard  Yoghurt Fresh Fruit Selection	* Chocolate Cracknell with Custard  Yoghurt Fresh Fruit Selection	* Fruit Muffin Fruit Juice or Milk Drink  Yoghurt Fresh Fruit Selection	* Raisin Shortcake with Custard  Yoghurt Fresh Fruit Selection	Ice Cream  Yoghurt Fresh Fruit Selection

\* **Homemade**

**Additional Menu Options Available Daily**

Salad selection is available as an alternative to vegetables;  
 Fresh Drinking Water available daily  
 Chunky Bread available daily

**Week 4  
 2012**



This menu has been approved by a qualified Nutritionist as reflecting the requirements of current Government Guidelines.

