

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne Cheese and Sweetcorn Flan Fish Crunchy	Sausages Fish Cakes Cheese and Broccoli Quiche	Roast Beef / Lamb with Yorkshire Pudding and Gravy Vegetable Crumble Fishermans Pie	Moroccan Chicken with Apricots Cod and salmon Grill Quorn Bolognaise	Cheese and Tomato Pizza Tuna and White Fish Pasta Bake
Rice ½ Jacket Potato	Oven Baked Wedges Parsley Potatoes	Roast Potatoes Creamed Potatoes	Spaghetti ½ Jacket Potatoes	Chips Creamed Potatoes
Macedoine Diced Swede	Baked Beans Peas	Cabbage Carrots and Swede Batons	Sweetcorn Ratatouille	Baked Beans Mixed Vegetables
Chocolate Shortbread with Custard Yoghurt Fresh Fruit Selection	Apple Crumble with Custard Yoghurt Fresh Fruit Selection	Lancaster Cookies Milk Drink Yoghurt Fresh Fruit Selection	Chocolate Crunch with Strawberry Sauce Yoghurt Fresh Fruit Selection	Cornflake Tart with Custard Yoghurt Fresh Fruit Selection

Additional Menu Options

Salad selection is available daily as an alternative to vegetables
 Fresh drinking water is available daily
 Chunky bread is available daily

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers Shepherds Pie Cheese and Onion Roll	Lamb Biryani Cheese and Sweetcorn Flan Fish Cake	Roast Gammon with Parsley Sauce Cod and Salmon Fish Cakes Cheesy Vegetable Crumble	Lemon Roast Chicken Cheese and Potato Pie Vegetable Curry	Cheese and Tomato Pizza Lemon Sole
Oven Baked Wedges Potato Dice	Rice ½ Jacket Potato	Roast Potatoes Parsley Potatoes	Oven Baked Potato Dice ½ Jacket Potato	Chips Creamed Potatoes
Peas and Sweetcorn Tinned Tomatoes	Mixed Vegetables Sliced Green Beans	Broccoli Florets Carrots	Peas Sweetcorn	Baked Beans Carrots
Rhubarb Crunch with Custard Yoghurt Fresh Fruit Selection	Apple Danish Whirls with Custard Yoghurt Fresh Fruit Selection	Orange and Mango Ice Smoothie Yoghurt Fresh Fruit Selection	Chocolate Cracknell with Custard Yoghurt Fresh Fruit Selection	Chocolate Biscuits Pineapple Juice Cuoplet Yoghurt Fresh Fruit Selection

Additional Menu Options

Salad selection is available daily as an alternative to vegetables
 Fresh drinking water is available daily
 Chunky bread is available daily

Week 2

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Hawkesley Junior & Infant School



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fillets Salmon and Sweet Potato Fish Cake Vegetable Flan	Pork Sausage Fish Fiesta Vegetable Cottage Pie	Roast Pork with Gravy Vegetable Bake Lemon Sole Grill	Lamb Pasta Fish Crunchy with Tomato Sauce Cauliflower and Broccoli Bake	Cheese and Tomato Pizza Haddock Grill
Creamed Potatoes ½ Jacket Potato	Oven Baked Wedge Parsley Potatoes	Roast Potatoes Creamed Potatoes	Parsley Potatoes Garlic Bread	Chips Creamed Potatoes
Peas Sweetcorn	Sliced Green Beans Diced Carrots	Cabbage Sweetcorn	Ratatouille Peas	Baked Beans Mixed Vegetables
Chocolate Crunch with Custard Yoghurt Fresh Fruit Selection	Pleasant's Pudding with Custard Yoghurt Fresh Fruit Selection	Biscuits Milk Drink Yoghurt Fresh Fruit Selection	Fruit Flapjack with Custard Yoghurt Fresh Fruit Selection	Banana Loaf Orange Juice Cuplet Yoghurt Fresh Fruit Selection

Additional Menu Options

Salad selection is available daily as an alternative to vegetables
 Fresh drinking water is available daily
 Chunky bread is available daily

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Gammon Steak Cheese and Red Onion Flan Vegetable Chilli Con Carne</p>	<p>Curry Mince Beano Salmon Fish Fingers Vegetable Hotpot</p>	<p>Roast Chicken with Gravy Vegetable Flan Cous Cous Bake</p>	<p>Mock Kofta Curry Cauliflower and Broccoli Pasta Bake Vegetable Cottage Pie</p>	<p>Cheese and Tomato Pizza Fish Fiesta</p>
<p>Oven Baked Potato Dice Creamed Potatoes</p>	<p>Oven Baked Wedges Parsley Potatoes</p>	<p>Roast Potatoes Creamed Potatoes</p>	<p>Rice and Peas ½ Jacket Potato</p>	<p>Chips Leeky Mashed Potato</p>
<p>Carrot and Swede Batons Macedoine</p>	<p>Baked Beans Peas</p>	<p>Broccoli Carrots</p>	<p>Sweetcorn Sliced Green Beans</p>	<p>Baked Beans Mixed Vegetables</p>
<p>Apple Pie with Custard Yoghurt Fresh Fruit Selection</p>	<p>Chocolate Cracknell with Custard Yoghurt Fresh Fruit Selection</p>	<p>Ice Cream Yoghurt Fresh Fruit Selection</p>	<p>Apple and Banana Crisp with Custard Yoghurt Fresh Fruit Selection</p>	<p>Chocolate Oat Cake Apple Juice Cuplet Yoghurt Fresh Fruit Selection</p>

Additional Menu Options

Salad selection is available daily as an alternative to vegetables
 Fresh drinking water is available daily
 Chunky bread is available daily

Week 4